



LOCAL ROOTS FARM

2012 Community Supported Agriculture

Local Roots is a diversified ten-acre farm located about 20 miles outside Seattle in the Snoqualmie River valley. This will be our sixth season farming and offering our popular CSA program. A wide variety of crops thrive in our mild climate and world-class soil and we grow more than 50 different vegetables and herbs. CSA subscribers receive a box of freshly harvested vegetables once a week during the growing season. All produce is grown on our farm.

Dates: The CSA season begins in early June and lasts until early November. Pickup is on Tuesdays or Wednesdays in the late afternoon/evening. Exact pickup day and time depends on location. Our season is about 22 weeks long, but weather in the spring and/or fall may shorten or lengthen the season by a week or two.

Price: We offer two share sizes: **\$440 for the standard box or \$550 for a large box.** The standard box is suitable for a household of two people who cook at home three to four nights a week. The large box option will typically have one or two additional items and/or larger quantities of staple items like salad greens, potatoes, squash, broccoli and green beans. **First (or full) payment is due by April 1st.** If paying in installments, the second half of payment is due June 1st.

2012 Pickup Sites:

- Capitol Hill
- Maple Leaf
- Local Roots Farm (Duvall)
- Phinney Ridge
- Central District/Madrona
- Queen Anne
- Ballard
- Wedgwood (Temple Beth Am)
- Downtown Seattle (limited site, please contact us for more details)

Our Growing Practices

Local Roots uses no synthetic inputs on our farm. We build soil fertility with cover crops and compost, control weeds with tractor and human powered tools, minimize insect damage with spun-fabric row cover, and accept a certain amount of crop loss due to pests, disease, and bad weather.

Questions/Contact: Siri Erickson-Brown – email: siri@localrootsfarm.com phone: (206) 218-9787

Website: www.localrootsfarm.com

Sample CSA boxes

June

Regular

1/2 # salad greens
radishes
Rainbow chard
turnips
1/4 # pea vines
broccoli
1/2# snap peas

Large

1/2 # salad greens
radishes
Rainbow chard
turnips (2)
1/4 # pea vines
broccoli
1/2# snap peas
lettuce

August

Regular

lettuce
sweet corn (2)
1 # tomatoes
sweet onions
cucumber (2)
1/4# basil
beets

Large

lettuce
sweet corn (4)
1 # tomatoes
sweet onions
cucumbers (3)
1/4# basil
beets
1/2# salad greens

October

Regular

1 # potatoes
kale
1 winter squash
lettuce
onions
carrots
zucchini
cucumber
parsley

Large

1 # potatoes
kale
1 winter squash
lettuce (2)
onions
carrots
zucchini
cucumber (2)
parsley
jalapeno peppers

Please fill out and mail along with a check to:
Local Roots
740 Belmont Pl. E. #2 - Seattle, WA 98102.
Specific information for your pickup site will be provided after sign-ups are complete.

Name: _____
Email: _____
Phone: _____
Pickup location _____
__ Regular Box full payment (\$440) or __ 1st installment (\$220)
__ Large Box full payment (\$550) or __ 1st installment (\$275)